

# Stoffwechsel

umsonstladen



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## **Umsonstladen – what does it mean?**

You can donate things which lost the meaning for yourself but are still intact and useful for others to Umsonstladen to forward it as a gift to someone who needs them.

At the same time you can take things with you which are useful for yourself.

**Although to give, to take or to donate are not necessarily related.**

Low prices are a result of **Overproduction** and that misguides humanity to just throw away precious things that we the people take for granted. Resources become scarce, mountains of rubbish grow, people in other countries work under the most indecent conditions for us to buy a lot very cheap.

With **critical consumption** we try to avoid taking part in the throwaway society. We ask ourselves what we really need before we take something. We live and consume on the principle:

**Using instead of possessing!**

## **How it works:**

You can bring things you would give to someone as a present. For example:  
books, clothes (no underwear), shoes, games, dishes,...

**No broken, dirty or unusable things please!**

Large things like furniture can be offered at our pin board or see our webpage <http://u-la.de> for online gift economy links.

Goods are only accepted during our opening times,  
please don't leave  
them in front of the door!

### **No money involved?**

To give and to receive itself works without money but we have to pay for running the shop monthly:

**293 Euro**

for rent, gas and power.

We are happy about money donations for that.

Therefore any donations are welcome!

Umsonstladen-Team members don't receive any money for their work, they are volunteers.

## **Opening times:**

<http://u-la.de>

or have a look at our shop door

## **Contact:**

Brückenstraße 18  
37213 Witzenhausen  
[info@u-la.de](mailto:info@u-la.de)

## **Website:**

<http://u-la.de>

## **Donation:**

account holder: Jana Wenk

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